



2022

Hosted By Scoil Rince Móna Ní Rodaigh

Sun 5th June

BUN, TÚS, MEAN GRÁD &

PRELIMINARY CHAMPIONSHIPS

Venue

**St Patrick's GFC Centre,
Lordship, Dundalk**

(Exit 18 off M1 Motorway, follow signs for Carlingford. Hall on left approx. 7 mins from exit)

Moltóirí :

Anne Walsh, ADCRG, Co Louth
Clodagh Lanigan Walsh, ADCRG, Co Dublin
Paschal Lyons, ADCRG, Co Cavan

Ceoltóir:

Stephen Walker, Munster

Enquiries:

+353 42 9331892 info@monanirodaigh.com

Enter at www.entrytable.ie

Solos	€5/£5	Trophy awarded to all 1 st place winners
Trophy Competitions	€6/£6	Sash for 1 st place, Trophy for 1 st -5 th place
Teams	€3 per dancer	
Preliminary Championship (3 Adjudicators)	€25	To include 3 results, sashes & trophies for top 5 prizewinners

Syllabus approved by feis registrar Comhairle Uladh:-

María McCaul-McShan

Entries taken from 08:30am	Stage 1	Stage 2	Stage 3	Upstairs Function Room & Practise Area
9am Sharp	8-9 Bun Reel , Light Jig, Single Jig, Slip Jig & Light Trophy (T*) <i>FOLLOWED BY</i> U5 "Tomorrow's Champs" Ungraded Reel	7-8 Bun Reel, Light Jig, Single Jig, Slip Jig & Light Trophy (T*)	U6 Bun Reel , Light Jig, Single Jig, Slip Jig & Light Trophy (T*) <i>ALTERNATING WITH</i> 6-7 Bun Reel, Light Jig, Single Jig, Slip Jig & Light Trophy (T*)	Results will be given in this area (where possible) in order to facilitate the smooth running of the feis.
All times hereafter are approximate	Results			
11am	12-14 Bun Reel, Light Jig, Single Jig, Slip Jig & Light Trophy (T*) <i>ALTERNATING WITH</i> OVER 14 Bun Reel, Light Jig, Single Jig, Slip Jig & Light Trophy (T*)	10-12 Bun Reel, Light Jig, Single Jig, Slip Jig & Light Trophy (T*)	9-10 Bun Reel, Light Jig, Single Jig Slip jig & Light Trophy (T*)	
	Results			
12:30pm	10-12 Tús Reel, Light Jig, Single Jig, Slip Jig, Light Trophy (T*), Heavy Jig & Traditional Set Dance (T*)	8-10 Tús Reel, Light Jig, Single Jig, Slip Jig, Light Trophy (T*), Heavy Jig & Traditional Set Dance (T*)	U8 Tús Reel, Light Jig, Single Jig, Slip Jig, Light Trophy (T*) Heavy Jig & Traditional Set Dance (T*)	
	014 Tús Reel, Light Jig, Single Jig, Slip Jig, Light Trophy (T*) , Heavy Jig & Traditional Set Dance (T*)	Cor na Síog Faoi 11 Cor nó Port Ceathrar Faoi 13	12- 14 Tús Reel, Light Jig, Single Jig, Slip Jig, Light Trophy (T*) Heavy Jig & Traditional Set Dance (T*)	
	Results			
2:15pm	10-11 Mean Reel, Single Jig, Slip Jig, Heavy Jig, Hornpipe & Heavy Trophy (T*)	9-10 Mean Reel, Single Jig, Slip Jig, Heavy Jig, Hornpipe & Heavy Trophy (T*)	Under 7 Mean Reel, Single Jig, Slip Jig, Heavy Jig & Heavy Trophy (T*) <i>ALTERNATING WITH</i> 7-9 Mean Reel, Light Jig, Single Jig, Slip Jig, Heavy Jig & Heavy Trophy (T*)	
3:30pm	U8 Preliminary Championship	2 Rounds Reel & Jig (light or heavy)		
	8-10 Preliminary Championship	2 Rounds Reel/ S-jig & Jig/h'pipe		
	U11 Preliminary Championship	2 Rounds Reel/ S-jig & Jig/h'pipe		
5pm	11-13 Mean Reel, Single Jig, Slip Jig, Heavy Jig, Hornpipe & Heavy Trophy (T*)	13-15 Mean Reel, Single Jig, Slip Jig, Heavy Jig, Hornpipe & Heavy Trophy (T*)	Over 15 Mean Reel, Single Jig, Slip Jig, Heavy Jig, Hornpipe & Heavy Trophy (T*)	
	Cor na Siog Os Cionn 11	Cor no Port Ceathrar Os Cionn 13	Cor no Port Ochtar (Aon aois)	
6:15pm	U12 Preliminary Championship	2 Rounds Reel/ S-jig & Jig/h'pipe		
	Over 15 Preliminary Championship	2 Rounds Reel/ S-jig & Jig/h'pipe		
	13-15 Preliminary Championship	2 Rounds Reel/ S-jig & Jig/h'pipe		
	U13 Preliminary Championship	2 Rounds Reel/ S-jig & Jig/h'pipe		
	Results			

Syllabus approved by feis registrar Comhairle Uladh:-

Maria McCaul-Mohan

RIALACHA

- Entries only accepted from teachers registered with An Coimisiún le Rincí Gaelacha.
- Age taken as of 1st January 2022.
- The adjudicator's decision is final.
- An adjudicator who judges a feis in the Ulster region may not judge any other feis (including class feiseanna and graded examinations) in the Ulster region until 6 months has elapsed.
- Make-up (including false eyelashes and tanner on the face) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group.

Make up rules refer to the age group of the competition, not the actual age of the dancer. For example, 9 year old dancers, competing in a team that is entered Under 12, may wear make-up or at a feis where the youngest Open Championship age group is Under 11, then all dancers in that competition may wear make-up. These rules must also be announced from side stage at the event. Participants should be reminded that should they be in breach of these rules and be required to remove their make-up, that they risk missing their rotation in the competition.

- **Costume Length:**

Length of costumes must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change into black tights (of a denier not less than 70 per cent) in order for the dancer to continue in the competition. When wearing body suits with skirts (commonly known as black-out attire) black tights (of a denier less than 70) must be worn from the age of 14 and above. As a point of clarification, this rule is not limited to just body suits but also to tops/ blouses and skirts/shorts of all colours and is in effect from the 14-15 age group upwards.

- Appropriate undergarments covering the midriff must be worn. Undergarments must provide full coverage (as per illustration on www.clrq.ie). Dancers wearing undergarments that do not cover the areas of the body as in the illustrated example will be asked to put on black tights of a denier of not less than 70%. This is monitored by the adjudicator. For competitions adjudicated by a panel of more than one adjudicator all adjudicator on the panel must agree to ask the dancer to put on tights.
- In order to comply with health and safety measures, all dancers lining up side -stage prior to any round at any competition will be required to perform the simple exercise of raising their arms to shoulder level unhindered. If unable to do this by the time of their rotation due to costume stitching or arm attachments, these competitors will not be permitted to perform.
- A Preliminary Championship must be adjudicated by 3 or more Adjudicators and must consist of 2 Rounds, 1 Light Round – Reel/Slip Jig and 1 Heavy Round – Heavy Jig/Hornpipe.

Preliminary Championships may run as a “stand-alone” competition or may be incorporated into the Open Championship. Dancers may compete in an Open or a Preliminary Championship or both.

RULES AND ELIGIBILITY

To be eligible to compete in a Prelim Championship: Dancers must not have placed in the top 3 in an Open Championship judged by 3 or more adjudicators. Dancers must not have won a Preliminary Championship more than 2 times in the current year, HOWEVER, if there are 5 or less in a prelim competition the dancer is still eligible to compete in Preliminary Championship. Dancers must not have qualified for Oireachtas Rince na Cruinne in the current year or previous year. Dancers must not have recalled in the actual Championship at Oireachtas Rince na hEireann in the current year or previous year. Dancers having won 2 Preliminary Championships may not compete in any Mean grad competition for the remainder of the year however, if a dancer has won only one Preliminary Championship they may continue to compete in Mean grad (with the exception of the dances that they have won the Prelim Championship with). Dancers who qualify for Oireachtas Rince na Cruinne where there are five dancers or less in the competition at their Regional Oireachtas are exempt from this ruling. They may remain in the Preliminary Championships if they so wish. Boys who have qualified for Oireachtas Rince na Cruinne, but were not placed in the top 3 at their Regional Oireachtas and who otherwise fulfil the Prelim Criteria, may continue to compete in Preliminary Grade.

Dancers must perform to the following speeds: Bun Grad: Reel 122-124, Light Jig 116, Single Jig 124, Slip Jig 124, Heavy Jig 96, Hornpipe 144 Tus Grad: Reel 116-118, Light Jig 116, Single Jig 124, Slip Jig 120, Heavy Jig 82, Hornpipe 130 Mean/Ard Grad: Reel 113, Light Jig 116, Single Jig 124, Slip Jig 113, Heavy Jig 73, Hornpipe 113 Traditional Set Dances: St. Patrick's Day 94, The Blackbird 144, Job of Journeywork 138, Garden of Daisies 138, King of the Fairies 130, Three Sea Captains 96, Jockey to the Fair 90

- All competitors will be required to dance a MINIMUM number of 40 bars, except in Slip Jigs, Hornpipes & Bun Grad Reels where a MINIMUM number of 32 bars will be required.
- Any form of unauthorised photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means e.g. mobile phones, ipads, standard cameras, video camcorders, cine recorder, commercial film, with or without flash enhancement, is forbidden during competition.
- If you wish your child to be excluded from any photographs that maybe uploaded onto social media websites, please ensure that you inform the feis organiser in advance.
- Changing of costumes, dressing and undressing, is not permitted in the halls or public areas.
- No block, en point, stationery or moving will be allowed for all ages up to and including Under 12. However dancers in will be competing in the 12-13 age group in the following year, will be exempt from this rule from 1st September.
- The Child Protection Designated Liason Officer for the Ulster Region is Paula Bell. If you have any concerns for any child's safety at the event, please contact her: CPDLOUlster@gmail.com.

OTHER RULES

- Any objections must be lodged in writing within one hour of result, accompanied by fee of €25.00.
- The feis committee will not accept any responsibility for personal injuries or articles lost at the feis.
- The feis committee reserves the right to transfer competitions/results to a different area or to alternate competitions if it becomes necessary to help the feis run smoothly. The committee reserves the right to use a relief adjudicator.
- The feis committee reserve the right to refuse feis entries or entrance into the feis.

DATA PROTECTION

As feis organisers and members of An Coimisiún le Rincí Gaelacha (CLRG), we aim to protect all user information in accordance with the EU General Data Protection Regulation 2018. Please see link for more information: <http://www.eugdpr.org/eugdpr.org-1.html> As members of CLRG, we comply with the CLRG GDPR Regulations.

Please see link for more information: <http://www.clrg.ie/index.php/en/about-us/privacy-policy.html> We are committed to ensuring that your information is secure. To prevent unauthorised access or disclosure, we have put in place suitable procedures to safeguard and secure the information we collect. Some personal data is required to be shared to gain information about who is taking part in our competition. This information will be given to the feis organiser by registered teachers via email. This information may be shared with An Comhairle Uladh, CLRG and members of the feis committee. If you have any concerns with the way your data is being collected, stored, or used, please contact info@monanirodaigh.com Syllabus approved by Feis Registrar of An Comhairle Uladh

Syllabus approved by feis registrar Comhairle Uladh:-

María McCaul-Nolan



