

CLAIRAITHE LEIS AN COIMISIUN LE RINCI GAELACHA

ULSTER IRISH DANCE TEACHERS ASSOCIATION

presents

**FEILE RINCE ULADH
(Bun, Tus & Mean Grad)**

on

Sunday 24th May, 2015

at

**Stradone Community Centre,
Stradone, Co. Cavan**

(Stradone is approx 1 mile from Lavey Inn turn, off N3 Cavan-Dublin Road)

Adjudicators:

Lorraine Duggan A.D.C.R.G. (Kanturk, Co. Cork)
Breeda Mulcahy A.D.C.R.G. (Kilfinane, Co.Limerick)

Musician:

Aidan Cullen (Ashbourne, Co. Meath)

ENTRIES WILL BE TAKEN ON DAY OF FEIS


Sashes & Cups/Trophies will be awarded to 1st - 5th prizewinners in Priomh Chomortasai

Cups/Trophies will be awarded to 1st - 5th prizewinners in all Trophy Reel Competitions

Sashes will be awarded to 1st place & Cups/Trophies will be awarded to 1st - 5th prizewinners in all other Trophy Competitions

Risers will be given to 1st prizewinners in all other Solo Competitions

Solos	€ 3.50
Trophy Reel Competitions	€ 5.00
Other Trophy Competitions	€ 6.00
Priomh Chomortasai	€15.00 (3 results)
Teams	€ 3.00 per competitor

Syllabus Approved By 
Feis Registrar, An Comhairle Uladh

STAGE 1STAGE 2

<u>STAGE 1</u>			<u>STAGE 2</u>		
Comp.			Comp.		
9.00 am	1 Cor (Reel)	Faoi 6	Bun (T) 50	Cor (Reel)	6 - 7 Bun (T)
	2 Cor (Reel)	7 - 8	Bun (T) 51	Cor (Reel)	8 - 9 Bun (T)
	3 Port Eadtrom (Light Jig)	Faoi 6	Bun 52	Port Eadtrom (Light Jig)	6 - 7 Bun
	4 Port Eadtrom (Light Jig)	7 - 8	Bun 53	Port Eadtrom (Light Jig)	8 - 9 Bun
	5 Port Singil (Single Jig)	Faoi 6	Bun 54	Port Singil (Single Jig)	6 - 7 Bun
	6 Port Singil (Single Jig)	7 - 8	Bun 55	Port Singil (Single Jig)	8 - 9 Bun
	7 Rince Eadtrom (Light Dance)	Faoi 6	Bun (T) 56	Rince Eadtrom (Light Dance)	6 - 7 Bun (T)
	8 Rince Eadtrom (Light Dance)	7 - 8	Bun (T) 57	Rince Eadtrom (Light Dance)	8 - 9 Bun (T)
11.00 am	9 Cor (Reel)	Faoi 8	Tus 58	Cor (Reel)	8 - 9 Tus
	10 Port Singil /Luascach (Single/Slip Jig)	Faoi 8	Tus 59	Port Singil /Luascach (Single/Slip Jig)	8 - 9 Tus
	11 Rince Eadtrom (Light Dance)	Faoi 8	Tus (T) 60	Rince Eadtrom (Light Dance)	8 - 9 Tus (T)
	12 Rince Trom (Heavy Dance)	Faoi 8	Tus (T) 61	Rince Trom (Heavy Dance)	8 - 9 Tus (T)
12.00 pm	13 Cor (Reel)	Faoi 8	Mean 62	Cor (Reel)	8 - 9 Mean
	14 Port Singil /Luascach (Single/Slip Jig)	Faoi 8	Mean 63	Port Singil /Luascach (Single/Slip Jig)	8 - 9 Mean
	15 Rince Eadtrom (Light Dance)	Faoi 8	Mean (T) 64	Rince Eadtrom (Light Dance)	8 - 9 Mean (T)
	16 Rince Leath. Trad (Trad. Set)	Faoi 8	Mean 65	Rince Leath. Trad (Trad. Set)	8 - 9 Mean
	17 Priomh Comortas (Reel/Single Jig/Slip Jig & Heavy Jig/Hornpipe)		Mean (T) 66	Priomh Comortas (Reel/Single Jig/Slip Jig & Heavy Jig/Hornpipe)	Mean (T)
1.00 pm	18 Cor (Reel)	9 - 10	Bun (T) 67	Cor (Reel)	10 - 11 Bun (T)
	19 Port Eadtrom (Light Jig)	9 - 10	Bun 68	Port Eadtrom (Light Jig)	10 - 11 Bun
	20 Port Singil (Single Jig)	9 - 10	Bun 69	Port Singil (Single Jig)	10 - 11 Bun
	21 Rince Eadtrom (Light Dance)	9 - 10	Bun (T) 70	Rince Eadtrom (Light Dance)	10 - 11 Bun (T)
2.30 pm	22 Cor (Reel)	9 - 10	Tus 71	Cor (Reel)	10 - 11 Tus
	23 Port Singil /Luascach (Single/Slip Jig)	9 - 10	Tus 72	Port Singil /Luascach (Single/Slip Jig)	10 - 11 Tus
	24 Rince Eadtrom (Light Dance)	9 - 10	Tus (T) 73	Rince Eadtrom (Light Dance)	10 - 11 Tus (T)
	25 Rince Trom (Heavy Dance)	9 - 10	Tus (T) 74	Rince Trom (Heavy Dance)	10 - 11 Tus (T)

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STAGE 1STAGE 2

3.30 pm	26 Cor (Reel)	9 - 10	Mean	75 Cor (Reel)	10 - 11	Mean
	27 Port Singil /Luascach (Single/Slip Jig)	9 - 10	Mean	76 Port Singil /Luascach (Single/Slip Jig)	10 - 11	Mean
	28 Rince Leath. Trad (Trad. Set)	9 - 10	Mean	77 Rince Leath. Trad (Trad. Set)	10 - 11	Mean
	29 Priomh Comortas	9 - 10	Mean	(T) 78 Priomh Comortas	10 - 11	Mean (T)
	(Reel/Single Jig/Slip Jig & Heavy Jig/Hornpipe)			(Reel/Single Jig/Slip Jig & Heavy Jig/Hornpipe)		
	30 Cor Beirte (2 Hand Reel)	Faoi 11				
	31 Cor Beirte (2 Hand Reel)	Os Cionn 11				
	32 Cor na Siog (6 Hand)	Faoi 11				
	33 Cor na Siog (6 Hand)	Os Cionn 11				
5.00 pm	34 Cor (Reel)	11 - 13	Bun (T)	79 Cor (Reel)	Os Cionn 13	Bun (T)
	35 Port Eadtrom (Light Jig)	11 - 13	Bun	80 Port Eadtrom (Light Jig)	Os Cionn 13	Bun
	36 Port Singil (Single Jig)	11 - 13	Bun	81 Port Singil (Single Jig)	Os Cionn 13	Bun
	37 Rince Eadtrom (Light Dance)	11 - 13	Bun (T)	82 Rince Eadtrom (Light Dance)	Os Cionn 13	Bun (T)
	38 Cor (Reel)	11 - 12	Tus	83 Cor (Reel)	12 - 14	Tus
				84 Cor (Reel)	Os Cionn 14	Tus
	39 Port Singil /Luascach (Single/Slip Jig)	11 - 12	Tus	85 Port Singil /Luascach (Single/Slip Jig)	12 - 14	Tus
				86 Port Singil /Luascach (Single/Slip Jig)	Os Cionn 14	Tus
	40 Rince Eadtrom (Light Dance)	11 - 12	Tus (T)	87 Rince Eadtrom (Light Dance)	12 - 14	Tus (T)
				88 Rince Eadtrom (Light Dance)	Os Cionn 14	Tus (T)
	41 Rince Trom (Heavy Dance)	11 - 12	Tus (T)	89 Rince Trom (Heavy Dance)	12 - 14	Tus (T)
				90 Rince Trom (Heavy Dance)	Os Cionn 14	Tus (T)
	42 Cor (Reel)	11 - 12	Mean	91 Cor (Reel)	12 - 13	Mean
	43 Port Singil /Luascach (Single/Slip Jig)	11 - 12	Mean	92 Port Singil /Luascach (Single/Slip Jig)	12 - 13	Mean
	44 Rince Leath. Trad (Trad. Set)	11 - 12	Mean	93 Rince Leath. Trad (Trad. Set)	12 - 13	Mean
	45 Priomh Comortas	11 - 12	Mean (T)	94 Priomh Comortas	12 - 13	Mean (T)
	(Reel/Single Jig/Slip Jig & Heavy Jig/Hornpipe)			(Reel/Single Jig/Slip Jig & Heavy Jig/Hornpipe)		
	46 Cor (Reel)	13 - 15	Mean	95 Cor (Reel)	Os Cionn 15	Mean
	47 Port Singil /Luascach (Single/Slip Jig)	13 - 15	Mean	96 Port Singil /Luascach (Single/Slip Jig)	Os Cionn 15	Mean
	48 Rince Leath. Trad (Trad. Set)	13 - 15	Mean	97 Rince Leath. Trad (Trad. Set)	Os Cionn 15	Mean
	49 Priomh Comortas	13 - 15	Mean (T)	98 Priomh Comortas	Os Cionn 15	Mean (T)
	(Reel/Single Jig/Slip Jig & Heavy Jig/Hornpipe)			(Reel/Single Jig/Slip Jig & Heavy Jig/Hornpipe)		

RIALACHA

- 1 Adjudicators decision is final
- 2 Age as at 1st January 2015
- 3 All competitions in all grades are open to dancers worldwide.
- 4 In Bun Grad & Tus Grad, make-up will not be permitted in competitions up to and including the Under 12 age group. Dancers in all ages must wear either class costumes or 'day clothes'.
- 5 Make-up (including false eyelashes) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group.
- 6 Bun Grad confined to dancers who have never won 1st prize for that particular dance in any age or grade or who have been upgraded as per Rule No. 7. **Basic Steps only are permitted.**
- 7 In Bun Grad competitions, one dancer moves up to next grade, if less than 30 competitors; two dancers move up to next grade, if between 31 and 50 competitors; and three dancers move up to next grade, if more than 50 competitors.
- 8 Tus Grad confined to dancers who have never one 1st prize for that particular dance in any age in Tus Grad, Mean Grad or Ard Grad. **Dancers may perform either basic steps or their first hard/difficult version of each dance. Steps in Tus Grad Heavy Jigs and Hornpipes must be similar to those used in St. Patricks Day and Blackbird.**
- 9 Dancers must perform to the following metronomic speeds:
Bun Grad: Reel 122-124, Light Jig 116, Single Jig 124, Slip Jig 124, Heavy Jig 96, Hornpipe 144.
Tus Grad: Reel 116-118, Light Jig 116, Single Jig 124, Slip Jig 120, Heavy Jig 82, Hornpipe 130.
Mean Grad : Reel 113, Light Jig 116, Single Jig 124, Slip Jig 113, Heavy Jig 73, Hornpipe 113.
Traditional Set Dances (minimum): St. Patrick's Day 94, Blackbird 144, Job of Journeywork 138, Garden of Daisies 138, King of the Fairies 130, Three Sea Captains 96, Jockey to the Fair 90.
- 10 All competitors will be required a dance a MINIMUM number of 40 bars, except in Slip Jigs, Hornpipes & Bun Grad Reels where a MINIMUM number of 32 bars will be required.
- 11 Dances permitted in Rince Eadrom are : Reel, Light Jig, Single Jig or Slip Jig.
- 12 Dances permitted in Rince Trom are : Heavy Jig or Hornpipe
- 13 Dances permitted in Mean Grad Priomh Chomortasai:
Reel or Single Jig or Slip Jig and Heavy Jig or Hornpipe
- 14 No block, en point, stationery or moving will be allowed for all ages up to and including Under 12.
- 15 The feis committee reserves the right to a) use relief adjudicator, b) transfer competitions to a different stage and c) alternate competitions, if it becomes necessary, in order to help the feis run more smoothly.
- 16 Any form of unauthorised photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means e.g. mobile phone, standard camera, video camcorder, cine recorder, commercial film, with or without flash enhancement, is expressly forbidden in competition.
- 17 Changing of costumes, dressing and undressing, will not be acceptable in the halls or public areas.
- 18 Please note that times stated are estimated time only.

Syllabus Approved By



Feis Registrar, An Comhairle Uladh